



Capernaum

Pediatric Therapy, Inc.

Helping families find joy in their journey by serving children where they live, learn, and play!

Feeding, Nutrition, and Dietitian Services

About Us

For over 30 years, Capernaum Pediatric Therapy has been helping children reach their full potential through pediatric occupational, physical, and speech therapy services, which include nutrition therapy services at our clinic.

Family-centered nutrition and feeding services improve the quality of life, growth, and development of children, especially those with diagnoses that significantly affect what or how they can eat.



Capernaum's therapists are highly trained and have experience with many diagnoses.

Feeding Therapy

Capernaum's feeding program provides a comprehensive approach to your family's feeding experience. We offer direct therapy and nutrition therapy, as well as feeding tube weaning and/or feeding tube optimization.

With a team that includes your physician and qualified speech and occupational therapists, we will work to develop a feeding plan with a mutually agreed-upon end goal that addresses your child's needs and capabilities and provides strategies for caregivers to support the process.

AREAS OF TREATMENT

- Advancing to new textures or from bottle to solid foods
- Tube feeding transitions: working towards full oral feeding
- Oral motor delays/deficits impacting oral intake
- Challenges with breastfeeding
- Oral intake challenges impacted by a medical diagnosis (e.g., prematurity, heart conditions, GI anomalies, tongue tie, neurological conditions, etc.)
- Dysphagia
- Restrictive/selective eating

Nutrition Therapy

Our therapy staff allows us to serve children with a variety of needs, including:

- Feeding tube management
- Celiac disease
- Failure to thrive/underweight, limited food choices
- Food allergies
- High blood pressure/cholesterol/triglycerides
- Inflammatory Bowel Disease and Irritable Bowel Syndrome
- Lactose/fructose intolerance (FODMAP elimination diet/low FODMAP)
- Pre-diabetes/insulin resistance
- Lifestyle dietary restrictions
- Breastfeeding support
- Transitional feeding (milk/formula to solids)

“Capernaum's Tube Weaning Program collaboratively teams our feeding therapy staff with physicians to assess where the child is in the tube feeding process, work with the family to optimize tube feedings, help with blended diets, and, if appropriate, assist with weaning off the tube.”

Contact Us!

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